

Teacher Ed Santoro

Beginning Date 3/2

Subject Health Grade/Course 7th grade health

Lesson/Unit Plan Title or Theme: World War I Dimensions of Health Project

Essential Question:

How do traumatic events such as being involved in a war have an effect on the health and wellbeing of a person?

Materials: Student journals, laptops, library resource reference sheet, poster board.

Objective(s): *What students will actually be able to do and have completed*

Students will be able to apply their knowledge of the dimensions of health to analyze the effects of war on the health and well being of a person.

Students will be able to create a chart to describe the health of a World War I soldier and evaluate the soldier's Physical, Mental/Emotional, and Social health.

NYS Learning Standards (Physical Education/Health):

Standard 2: A Safe and Healthy Environment

Key idea: Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.

Intermediate

- understand the physical and environmental dangers associated with particular activities and demonstrate proper procedures for safe participation in games, sports, and recreational pursuits

Icebreaker/Journal Entry:

How do you think being far away from home in a dangerous situation might have an effect on a person's health?

Vocabulary:

1. Trench
2. World War I

Procedures:

1. Journal Discussion
2. Vocabulary review
3. Learning Task #1 review the dimensions of health
4. Learning Task #2 introduce WWI dimensions of health project
5. Learning Task #3: provide students with library reference sheet and examples of primary sources
6. Students being working on project using their laptops and the library resources

Resources:

- **Buffalolib.org WWI poster collection**
- <http://www.buffalolib.org/content/buffalo-never-fails-queen-city-and-world-war-i/featured-world-war-i-posters/>
- **Library of Congress Primary sources**
- <https://loc.gov/teachers/classroommaterials/primarysourcesets/world-war-i/>
- **Buffalo Never Fails WWI exhibit at the Central Library**

Learning Task #1- review dimensions of health

Briefly go over Physical, Mental/emotional, and social health. Students will be asked to provide examples of how a person can improve or maintain their health in each of these areas.

Learning Task #2—WW1 project

Each student will be responsible for producing a project which examines the health of a WWI soldier and the effects the war is having on that soldier's health. Student's final project should include a chart with each dimension of health, at least 3 effects of the war on each dimension of health and a concluding paragraph explaining why they chose to include the information in their project.

Learning Task #3 library reference sheet, examples of primary sources

Show the students where they can find information about WWI soldiers and the conditions they endured during the war. Review what a primary source is and provide an example. Students will discuss what can be learned from the primary source in regards to the health of soldiers. The students will also be encouraged to visit the WWI exhibit at the Central Library for more information that can be used on their project.

Assessment: Students will begin working on their project.