

DIMENSIONS OF HEALTH PROJECT

STUDENT JOURNAL #50

Think about the dimensions of health.

What are they?

How do you think being in danger far away from home might have an effect on the dimensions of health?



ASK AND DISCUSS



- What are the dimensions of health?
- 1. Physical Health
- What is one way to maintain good physical health?



ASK AND DISCUSS



- What are the dimensions of health?
- 2. Mental/emotional health
- What is one way to maintain good mental/emotional health?



ASK AND DISCUSS



- What are the dimensions of health?
- 3. Social Health
- What is one way to maintain good social health?

DIMENSIONS OF HEALTH WWI PROJECT

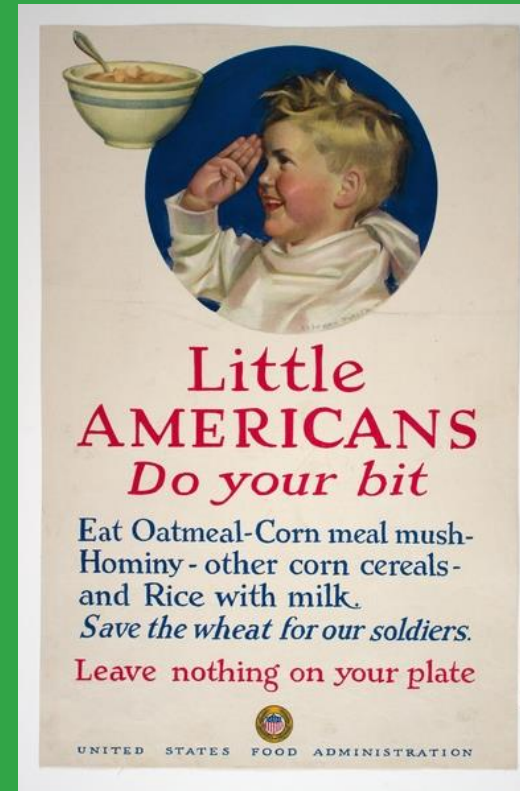
- You will be analyzing the health of soldiers and/or people back in the United States during WWI
- What effects did the war have on the health of the soldiers?
- You will use resources found on the buffalolib.org website to gather information for your project
- Each project should include at least 3 effects of the war for each dimension of health
- The project should be concluded with a paragraph explaining the overall effect of the war on the health both soldiers and people at home.

RESOURCES

- **Buffalolib.org WWI poster collection**
- <http://www.buffalolib.org/content/buffalo-never-fails-queen-city-and-world-war-i/featured-world-war-i-posters/>
- **Library of Congress Primary sources**
- <https://loc.gov/teachers/classroommaterials/primarysourcesets/world-war-i/>
- Buffalo Never Fails WWI exhibit at the Central Library

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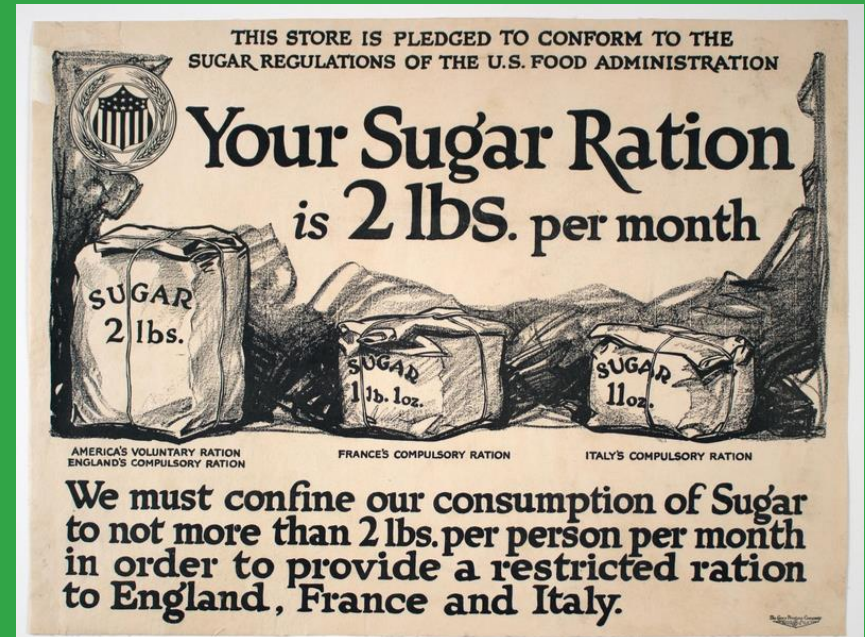
- Physical health



- Poor nutrition/not enough food (Negative)

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- Physical health



- Poor nutrition/not enough food (Negative)

DIMENSIONS OF HEALTH WWI PROJECT

- Physical health



- People at home encouraged to eat more fish and vegetables (Positive)

DIMENSIONS OF HEALTH WWI PROJECT

- Physical health



- Soldiers were in extreme physical danger and suffered life changing injuries

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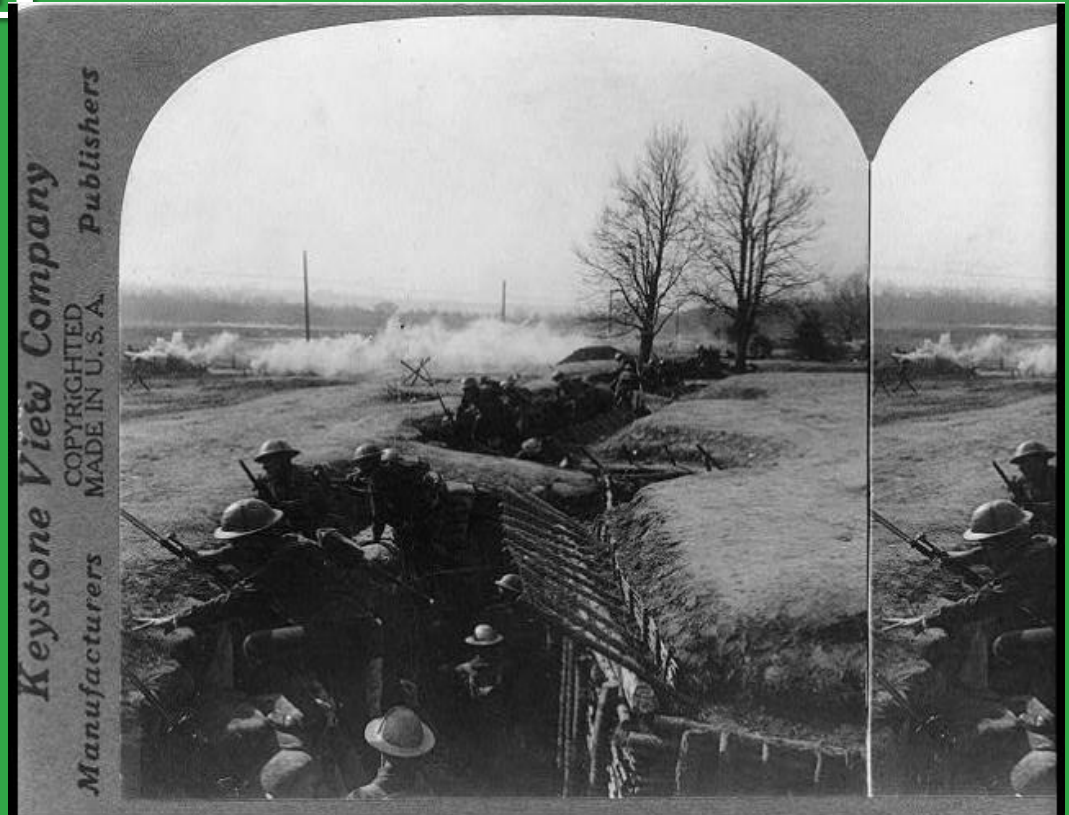
- Physical health



- Soldiers were in extreme physical danger and suffered life changing injuries

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Physical health



- Soldier got regular exercise digging trenches (positive)

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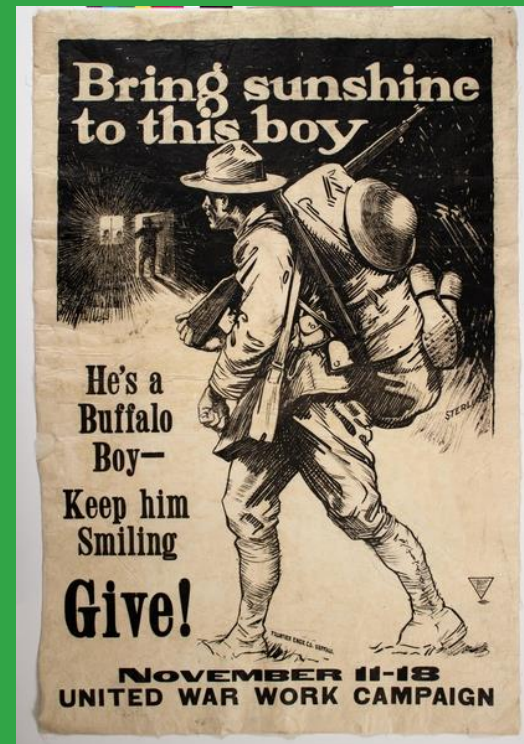
Physical health



- Soldier got regular exercise digging trenches (positive)

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- Mental/emotional health



- Depressed because they are far from family (Negative)

DIMENSIONS OF HEALTH WWI PROJECT

- Mental/emotional health



- Depressed because they are far from family (Negative)

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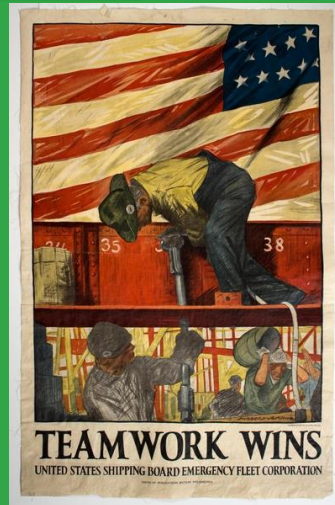
- **Mental/emotional health**



- Always afraid because they were in constant danger

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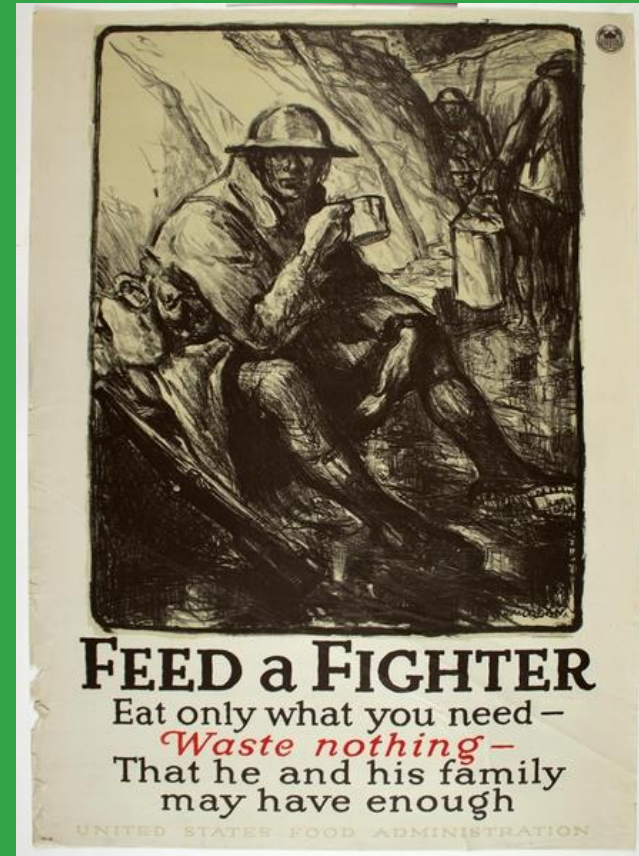
- Social Health



- Sense of community (Positive)

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- Social Health



- Showing empathy and concern for the well being of soldiers (positive)

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- **Social Health**
- Missing family and friends from home, not communicating with them so those relationships may be damaged (Negative)
- Meeting new people making new friends (positive)
- Showing empathy and concern for the well being of other soldiers (positive)